

REJUVENATE

your body & mind 心身更新



In August 2017, NewLife™ International in collaboration with Holistic Integrative Medical Clinic (HIMC) hosted its second Health Retreat with Dr. Raymond Yuen from Singapore as the guest speaker. The retreat was fully booked with participants coming from all around the region to learn and undergo Dr. Lynn Tan's Detoxification & Rejuvenation Programme (DRP).

During the 6-day, 5-night stay, participants enjoyed activities such as therapeutic massages, far infrared sauna sessions, vitamin C therapy, educational health seminars / workshops, morning walks, and day trips to Kota Kinabalu city and other attractions. They also spent a fun day at Shalom Valley Park, the home of our founders Datuk CK Tan and Datin Dr. Lynn Tan.

On the closing night, many shared testimonials of an amazing experience filled with hope, healing, and the joy of making new friends. Below are some of the testimonials from the participants.

NewLife™ International would like to specially thank Independent Business Owners Lydia Ling, Sim Bee Hong, Susie Moi, and Abigail Moi for making the trip all the way from Singapore to present workshops and provide invaluable support for all the participants.

2017年8月，国际新生命与整体综合诊所（HIMC）联合举办了本年度第二届的健康养生营，并邀请来自新加坡的袁泉芳医生担任活动中的其中主讲嘉宾。这次的健康养生营在亚太地区获得热烈响应，吸引了很多人前来这里学习和体验陈林希珠博士创研的排毒与复健程序（DRP）。

健康养生营为期六天五夜，参与者都非常享受所有安排的活动项目，例如全身治疗性按摩、远红外桑拿、维生素C治疗、健康教育讲座会与工作坊、晨运以及到哥打京那巴鲁市区及著名景点一日游等。他们也拜访了平安谷（新生命创办人——拿督陈清吉和拿汀陈林希珠博士的居所），度过了很开心的时光。

健康营结束的前一晚，许多参与者分享了他们在这个活动中的感想与美好体验。他们的生命重燃了希望，身心获得了疗愈，也很开心结交了许多新朋友。以下是一些参与者的体验分享。

新生命特别感谢独立传销商——林宝玲、沈美凤、梅郭妙贞和梅嫣凌专程飞自新加坡，精心安排了很多有益身心的工作坊及提供者宝贵的支持与援助。



This has been a great experience. I arrived with high blood pressure condition and have just started medication 3 weeks ago. After the retreat, my blood pressure is now normal without medication!

这是一个令人难忘的体验。我本身患有高血压，在参加健康养生营的三个星期前开始服用降血压药物。但参加了这健康养生营后，我不需要再服药，血压也可维持在正常水平！

Mrs. Tay, Malaysia.
郑太太，马来西亚

Well done and organised. The staffs are very friendly. Keep up the good work! I hope one day I can bring my other family members to attend this health retreat.

活动规划得很好，非常精彩。工作人员也十分友善。请继续加油！希望有一天我可以携带家人一起参与这个健康养生营。

June Tan, Indonesia.
陈韵情，印尼

Check out our Facebook page at www.facebook.com/newlifetotalhealth to see videos and pictures from the retreat!

请浏览我们的面子书专页 www.facebook.com/newlifetotalhealth 以观赏健康养生营所拍摄的精彩视频和相片！

