

## **HEALTH FOOD**



## **APPLE CIDER VINEGAR**

Natural, undistilled organic Apple Cider Vinegar (ACV) can really be called one of Mother Nature's most perfect foods. Hippocrates (the father of medicine) treated his patients with natural, undistilled ACV that he discovered as a powerful cleansing and healing elixir. Widely used today as a daily health tonic, it offers an all-natural way to cleanse and nourish the body, making it an indispensable ingredient in promoting youthfulness and good health.

Not all ACV are the same. Only genuine, natural ACV will contain powerful health giving nutrients and provide satisfying results. Genuine, natural ACV should appear 'cloudy'. Distilled or pasteurised cider vinegar no longer contains the powerful enzymes and natural malic acid beneficial for health. Good quality Apple Cider Vinegar will develop 'Mother of Vinegar' over time.

## BENEFITS

Apple Cider Vinegar has been known to:

- Help sinus infections, cough, sore throats, and mucous conditions
- Improve cholesterol and blood pressure
- Improve skin conditions
- Help weight management and hormonal balance
- Aid digestion and protect against food poisoning
- Benefit the heart and help arthritic conditions
- Strengthen the immune system
- Increase stamina and prevent muscle fatique after exercise
- Promote restful sleep when combined with natural raw honey
- Prevent premature ageing
- Have an alkaline-forming ability that corrects excess acidity in the body

## **KEY FEATURES**

- NewLife<sup>™</sup> Apple Cider Vinegar is a product of New Zealand.
- 100% pure, natural and organically certified.
- Brewed from nutritious, organically grown apples on the producer's family's own organic orchard.
- Rich in potassium, calcium, magnesium, iron, malic acid, acetic acid, pectin, and many other vital vitamins, minerals and enzymes.
- Non-distilled and unpasteurised. It retains the essential "Mother of Vinegar" culture and all its healthful properties.